

# KidsFit

FITNESS PROGRAM  
AGES 5-11

**SATURDAY'S 10:30-11:15AM**

**Our KIDS FIT class is a fun and educational program that will teach your children the value of fitness, as well as start a lifelong passion for healthy living!**

**Starting January 14th!**

**\$5 Per Child**

**Call 734-241-6130 or Email  
ashley@gomadfitness.com**



**Make A Difference!**

975 S Monroe St. Monroe MI 48161